

# THE SKIFF



SPORTS, BACK COVER

## FORMER FROG IN WORLD SERIES

A STUDENT MEDIA PUBLICATION OF TEXAS CHRISTIAN UNIVERSITY

FORT WORTH, TEXAS



PHOTO BY SAM BRUTON

### DISEASE BEHIND THE DIET

Gluten-free diet a necessity for some students.

PAGE 3

### NEW INCLUSION OFFICER

TCU hires Dr. Darron Turner as new chief inclusion officer.

PAGE 4



## CAMPUS NEWS

# New Fine Arts building remains in development phase for now

By **MEAGAN THOMPSON**  
STAFF WRITER

While preparation has already begun on the construction of the new Fine Arts building, TCU students will have to wait a little longer until they see results.

There has "been progress in terms of preparation of the new building," said Meredith Shanks, marketing and communication coordinator for the college of fine arts.

When the building is completed, "it will support the relocation of the Costume Shop and Studio, as well as the Department of Interior Design and Fashion Merchandising," according to the TCU Physical Plant website.

This is good news for

Anastasia King, a junior Interior Design and Sculpture student, who said she is excited about the idea of a new building.

"We are in a building right now that is pretty stifling to our growth as students and as a program," King said. "I think that a new building for these departments would be huge for the development of the students."

In order to build the new Fine Arts building, TCU must first tear down.

"The four residential properties on West Cantey were razed to make room for the new Fine Arts building," Shanks said. "The Princeton Street demolition process will provide additional parking while plans for that area of campus continue to evolve."

*"All forms of creative thinking should be located near each other."*

- **JOELLE NAGY**  
STUDIO ART MAJOR

While construction is still in the preparation stage, students are already excited for the new building.

"I think it will have a positive effect on the rest of Moudy," said Joelle Nagy, a senior studio art major. "All forms of creative thinking should be located near each other because even costuming, interior design, and fashion can learn from painting, graphic design, printing making, etc."

Renee Hawkins, a junior interior design major, said that this

project is beneficial because the building they are in now lacks studio furniture and rooms they need in order to do their work.

Shanks said all information will be shared in the rollout of the Facilities Master Plan occurring throughout October via town hall meetings and other presentations.

The project is set to start in May 2017 and to be completed in August 2018, according to the TCU Physical Plant website.

## CAMPUS NEWS

# Interfaith organization creates a safe space for all religions

By **ALEXIS BIERMAN**  
STAFF WRITER

TCU's Office of Religious and Spiritual Life wants to bring students of all religious backgrounds together.

The office recently launched "Better Together", an interfaith group that seeks a common cause to unite people and that aims to "find similarities and celebrate differences."

"Our world is so diverse and rich and there're so many different traditions and if you come to TCU and you don't have a chance to experience people who are different from you, you're missing out," said

Britt Luby, TCU associate chaplain and co-advisor of Better Together. "This gives you an opportunity to connect with people from different religious or cultural traditions or also people who are seeking, and trying to explore their religious identity in a very safe space."

Known for "breaking boundaries and building bridges," Rebekah Stutheit, a junior religion and communication studies major and president of Better Together, said absolutely anybody from any background is accepted, no exceptions.

"Sometimes it feels like there is a perception on campus that we're a group

that's only for people with a certain mindset, but I'm a firm believer in civil discourse," Stutheit said. "I think that everyone should have a chance to hear different perspectives and share their own in a constructive way."

The interfaith organization, which has drawn Christians, atheists, Universalists, Buddhists, Jews, Muslims, and Hindus, invites anybody interested to join in on any of the activities frequently occurring. Through monthly fellowship meetings, service projects at Catholic Charities, family dinners and site visits to different places of worship, Better Together

has worked diligently to create a safe space for everyone involved.

According to Associate Chaplain and Better Together co-advisor Todd Boling, this interfaith group is so unique because it connects directly to the university's mission statement.

"The global community is composed of people of all faith perspectives, so if you come here and you get a degree from TCU and you go into the world of work but you don't know how to work alongside someone who believes something different than you, then we've done you a disservice," he said.



## The Skiff

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FEATURE

# Profiling the disease behind the gluten-free diet

By **MOLLY JENKINS**  
STAFF WRITER

The gluten-free diet, just like Kylie Jenner's lip kit, is a trend that has continued to flourish in recent months, but not everyone who follows the diet does it by choice.

Gluten is a mixture of proteins commonly found in foods such as wheat, barley and rye, according to the Celiac Disease Foundation. Celiac disease is one of the few reasons why people are medically required to adhere to a strict gluten-free diet. A recent study done by Rutgers Medical School found that while more people are going gluten-free recently, there is not an increase of celiac disease diagnoses.

Celiac disease is a genetic autoimmune disorder. Essentially, when someone with the disease digests gluten, the

lining of his or her intestines are destroyed, among other medical issues.

"When I eat gluten my body attacks itself," Claire Bordeaux, a junior with celiac disease, said.

While those with celiac disease must avoid eating gluten, they also must be aware of cross-contamination.

Bordeaux said she has separate utensils in the kitchen and her own, uncontaminated butter, among other items.

"There's different degrees of sensitivity with celiac disease, but for some people they are sensitive enough that a few parts per billion exposure to gluten can really cause symptoms for them," Kelly Fisher, a registered dietitian, said.

The diet's rise in popularity has resulted in lower prices and more options for eating gluten-

free, but it also has resulted in misconceptions about those who follow the diet.

"A misconception could potentially put them at risk if someone just thought you don't have to avoid it completely," Fisher said.

She said that if you don't need to follow a gluten-free diet because of celiac disease or intolerance then it's usually better to not restrict your diet.

"All of the literature shows that a general healthy varied diet is sort of your best bet," Fisher said. "Any diet restriction, in my opinion, should be avoided unless necessary."

Fisher said that the gluten-free diet isn't necessarily healthier because many gluten-free foods are higher in calories, higher in fat, and lower in fiber.

"It's very trendy, and so I

*"All of the literature shows that a general healthy varied diet is your best bet. Any diet restrictions, in my opinion, should be avoided unless necessary."*

**KELLY FISHER**  
REGISTERED DIETITIAN

think people just have to do their research and be careful," Fisher said. "You can eat very healthfully and have a weight-loss diet without being

gluten-free."

Bordeaux, who was diagnosed when she was seven, said having celiac disease was especially hard when she was younger.

"It's such a big lifestyle change," Bordeaux said. "Also, when you're younger you just want to kind of be like everyone else. Not being able to eat what they could eat was hard."

A lot of the problems that occur with celiac disease are internal. It can be hard for those with celiac disease to know how damaged their intestines are or if they were contaminated.

"That's hard just wondering am I healthy or am I okay right now," Bordeaux said. "Especially because it can lead to problems down the line. You want to make sure that you are living in like a healthy state."

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## CAMPUS NEWS

## Meet the new chief inclusion officer: Dr. Darron Turner

By TAMERA HYATTE  
STAFF WRITER

TCU's new chief inclusion officer said Monday that one of the first things he wants to do is talk with students to get multiple viewpoints on diversity at TCU.

The Student Government Association, the Faculty Senate and the Staff Assembly should all expect a visit from Dr. Darron Turner, who was named to the newly appointed position on Monday by Chancellor Victor Boschini.

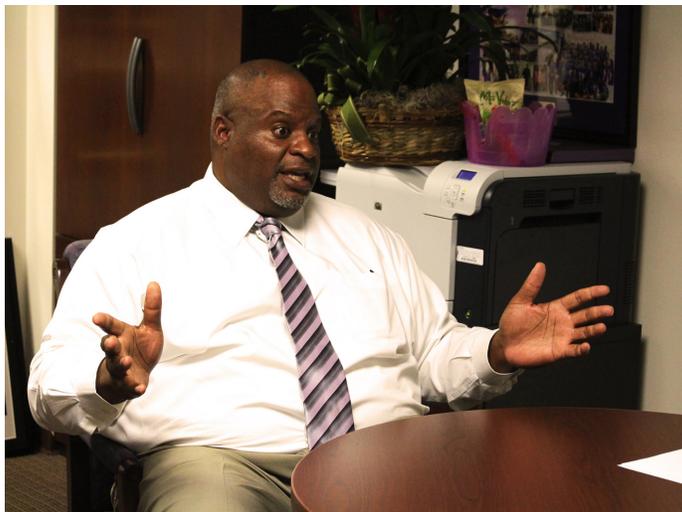
"I have to say when I envisioned this position, he was the very first person who came to mind," Boschini wrote in an email. "He is well-known and respected by students, faculty and staff – making him, in my estimation, an ideal person for the job."

Turner, who played football for TCU in the 1980s, has most recently served as associate vice chancellor for student affairs.

He said he thinks interactions with the TCU campus is vitally important to his position and role.

"I'll get the chance to hear a wide variety of constituents talk about how we can make TCU better and what their role is in helping to do that," he said.

Turner has been on TCU's campus since 1994 and has worked in various positions at TCU, starting out as the coordinator for minority affairs.



SAM BRUTON / TCU STAFF PHOTOGRAPHER

Dr. Darron Turner is the newly appointed Chief Inclusion Officer for TCU.

"He knows TCU very well. He has made so many positive contributions to TCU and he has the qualifications," the Director of Inclusiveness and Intercultural Services Timeka Gordon said. "He is the person who can definitely move us in the right direction."

He said he has always worked with efforts pertaining to diversity and inclu-

siveness, working in diverse environments and dealing with difficult diversity-based issues.

"Creating a more inclusive campus is work that always needs to be done," Rev. Angela Kaufman, the minister of the university, said. "We're always working to become the best version of ourselves; not only as individuals but as a community. He's going to help us do

that work."

Turner said his role is ultimately work with students, faculty and staff to ensure diversity and inclusion is represented properly in and outside the classroom.

"It's easy sometimes to see TCU as the world and in some aspects it is, but in many aspects it's very different," he said. "You have an environment where people are trying to take care and look after you and when you walk out of here, you're an independent and you're going to have to figure out in the workplace that it's going to be a little different and you're going to see a variety of everybody in the workplace when you walk out of here."

He also said he is glad students are engaging in the conversation to talk about diversity issues and to help toward improving diversity and inclusion.

"I think it's important students talk about what they're going through and what they're feeling," Turner said. "I think it's always important students play a major role in how the university goes about its business, because it's about them."

Turner said he does not want the new position to be about him, but he wants it to be focused on TCU overall.

When asked if he had any further comments, his last words: "Go Frogs!"

## International students weigh in on U.S. election

By Brandon Kitchin  
STAFF WRITER

They came from different countries, but all agreed the ramifications of the November election will extend beyond the United States.

"Whoever wins needs to have an understanding of why immigration occurs," said Araxta Soto, a Venezuelan student studying at TCU. She was part of a panel of international students discussing the presidential election and issues like immigration.

About 60 people attended the discussion, which was sponsored by International Student Services and the Department of Journalism. In addition

to Soto, the panel included: Yannick Tona of Rwanda; Ohimai Ojeikere of Nigeria; Clemence Paiement of Haiti and Canada; Phat Do of Vietnam; Samira Jubis of El Salvador; and Wilson Silva of Brazil.

The students discussed issues raised by Donald Trump and Hillary Clinton, as well how their countries view the election. Dr. Kristie Bunton, dean of the Bob Schieffer College of Communication, moderated the discussion.

Jubis said the election, to her, is not about gender but about the weighty responsibilities of the office. If Clinton wins "her task would be to work with Congress," which is fractured, she said. "We

don't only have two main parties, but there's also segregation within the parties."

Paiement, speaking for her native Haiti and Canada, said Haitians have a bad history with the Clintons, but for Canada electing a woman is considered a big deal.

Nigerians want the next president to combat terrorism, said Ojeikere. He also said the president should be willing to help Nigeria grow its fledgling democracy.

Commenting on media coverage, Tona said the news media had lost its place as a check and balance.

Soto criticized the media for focusing on how the candidates attack each other instead of

policies issues. Soto said he believes the focus is on the attacks because they generate ratings.

Do questioned claims of election fraud, which the Trump campaign has used as a talking point for weeks.

"The election is not rigged," said Do. "If it was rigged, there's no reason why the Obamas would try so hard to campaign. They look seriously scared" of a Trump presidency.

Silva said both Brazil and the U.S. have significant income inequality. He said political divisions in Brazil caused people to make rash decisions about who they supported. He worried Americans could be doing the same.



PHOTO BY SAM BRUTON / TCU STAFF PHOTOGRAPHER

The eight panelists felt the election will matter beyond the U.S.

All the panelists urged voters to cast their ballots.

"With great power comes great responsibility," said Ojeikere. "America is still a beacon of light to everyone."

Paiement dismissed

the notion that the U.S. is lacking.

"Your country is great," Pavement said, "so don't let no one tell you to 'Make America Great Again!'"

## FEATURE

# IFC plans events to highlight men's health issues

By **HUNTER GEISEL**

STAFF WRITER

TCU's Interfraternity Council will kick off its second year of Movember on Sunday.

Diego Padilla, IFC president and a member of Lambda Chi Alpha, said IFC wants more people to be involved with Movember this year by adding more events and activities to participate in.

Movember is a worldwide charity that raises awareness and funds for men's health concerns like testicular cancer and mental health.

One of the new events is a 5k in Frog Alley.

"We're kicking it up with a 5K to have more people involved and just have TCU motivated," Padilla said.

IFC is continuing some of the activities that they offered last year such as free hot shaves and constant fundraising throughout November.

This year, IFC will have more activities for the entire campus to participate in, including a volleyball tournament, late-night breakfast at Ol' South Pancake House, and allowing participating organizations and teams to spread men's health awareness near the Founders' Statue.

These activities allow connecting fraternities to fundraise together throughout November with their chapters at the University of Texas.

Last year, TCU's IFC competed against Baylor's IFC chapter in a fundraising race that led up to their Nov. 27 football matchup, and the Horned Frogs not only beat the Bears on the field but also raised more by fundraising \$17,233 compared to their roughly \$2,000.

Movember first began in 2003 when Australian founder Travis Garone and friend Luke Slattery challenged themselves and 30 friends to grow out mustaches in raising men's health awareness after being inspired by a friend's mother campaigning for breast cancer awareness. As of 2015, \$710 million dollars have been fundraised with the help of 21 countries.

Fraternity and Sorority Life Coordinator and IFC Advisor Evan Konecky introduced Movember last year to IFC's former philanthropy chair, McGregor Hall. As soon as McGregor was hooked, so was the rest of IFC.

Konecky said that he got the idea to choose Movember because it could help all of the fraternities come together for a common goal.

"I think our men have a lot of potential," Konecky said. "I think that they do great things for their individual



HUNTER GEISEL / TCU STAFF PHOTOGRAPHER  
FSL Coordinator and IFC Advisor Evan Konecky displays one of two "skateboard" awards from Movember Foundation.

chapters but the word 'interfraternity' is coming together for a common purpose - inter-fraternalism."

According to Movember's website, testicular cancer is the most common form of cancer in men ages 15 to 34, and 76 men die from prostate cancer every day. In addition, 75 percent of all suicides are men.

"Having [men's health] conversations -- I think in college with masculinity issues, we don't talk about what's going on with us," Konecky said.

Konecky said this is what helps make Movember a great philanthropy and helps college-aged men have those tough conversations.

For some TCU men, these conversations have already hit home. Padilla said his father is a cancer survivor and he relates to the causes for which Movember raises awareness.

"My dad is a prostate cancer survivor and that's the reason why I give so much for Movember," Padilla said.

Konecky also has been a part of the Movember movement since his days as a fraternity man at Florida Atlantic University, which is where he first heard about Movember.

His fraternity was new at the time, and they wanted to find a philanthropy for them to help support and bring awareness to the health issues their military brothers after battle.

"We had some fraternity members

***"Having [men's health] conversations -- I think in college with masculinity issues, we don't talk about what's going on with us."***

**EVAN KONECKY**

FSL COORDINATOR AND IFC ADVISOR

who were non-traditional students, so we had men who served in our military in Afghanistan and Fallujah and Germany all after 9/11," Konecky said. "And so, when they came back, we wanted to do something for them."

Konecky and his fraternity wanted to be unique and different from the rest of the military-supporting fraternities, and that was when his fraternity brother Robert Huffman came across Movember.

After Huffman pitched Movember to the fraternity, they immediately accepted the charity as their partner.

Konecky brought Movember to Syracuse University when pursuing his graduate degree before he began working at TCU. He has helped both universities win awards in their fundraising and support for Movember.

IFC will also have the I'm Thankful campaign, which entails simply using the hashtags #ImThankfulFor and

#Movember2016 when counting blessings on social media.

Also, IFC has begun working with Hall Crew this week for the Canned Program, which allows non-Greeks to participate in Movember with bins filled with mustaches-on-a-stick, mustache medals and backdrops to spread more awareness through social media.

"My only goal is that people be aware of Movember and that it becomes tradition once I leave TCU," Padilla said. "And hopefully, people get impacted by it."

Konecky shares similar goals with Padilla and said he too hopes to impact people by sharing the facts and statistics with men's health.

"If I create one-to-two, what they call on Movember's website or within their community a 'Mo-bro' or 'Mo'sister,' as people who are really involved or really care about Movember that I think I have made an impact," Konecky said.





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# The New York Times

Edited by Will Shortz

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**DIRECTIONS**

Fill in the grid so that every 3x3 box, row, and column contains the digits 1 through 9 without repeating numbers.

**SOLUTION FROM 10/20**

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# TCU Trivia

**TRUE OR FALSE:** The residence halls in the Campus Commons were completed in 2008.

**Across**

- 1 Writer whose wife said he's a "genius, but what a dirty mind he has"
- 6 Act the grandparent, perhaps
- 10 Batman villain known as "Queen of the Cossacks"
- 14 Deep dislike
- 15 Something to mouse over
- 16 A.C.L.U. target
- 17 A number of stage items in a French play?
- 19 What you might be taken to 20 It's twisted
- 21 With 5-Down, creator of 24,000+ miles of road before 1600
- 22 "The West Wing" speechwriter
- 23 A number of cocktails in Berlin?
- 28 Secure, as loosened shoelaces
- 31 Palazzo \_\_\_\_, architectural gem of the Renaissance
- 32 Typical after-work times, for short
- 33 Take big steps
- 36 Strauss's "\_\_\_ Heldenleben"

- 37 A number of Freudians in Freiburg?
- 40 The Wildcats of the N.C.A.A., for short
- 41 Less stuffy
- 42 Olympics host after Melbourne
- 43 Its capital is Maseru
- 45 Trig functions
- 46 A number of chemical rarities in Madrid?
- 50 IV measures
- 51 Shock, in a way
- 52 Tina who won a Mark Twain Prize for American Humor
- 55 Epsilon follower
- 57 A number of grain-producing sites in Normandy?
- 60 Dumpster attribute, often
- 61 Org. inspecting 64-Across
- 62 Who has won more Olympic medals than Michael Phelps
- 63 Willa Cather's "One of \_\_\_"
- 64 Inspection target of the 61-Across
- 65 E. C. \_\_\_\_, creator of Popeye

**Down**

- 1 "No way" man
- 2 \_\_\_ of Solomon
- 3 Athlete's sudden loss of ability, informally
- 4 Percentage
- 5 See 21-Across
- 6 Italian ten
- 7 Philosopher with a razor
- 8 Sole end?
- 9 Chekov, e.g., on "Star Trek": Abbr.
- 10 Secure
- 11 Voicer of Aslan in "The Chronicles of Narnia"
- 12 Bloviation
- 13 Part of D.A.D.T.
- 18 Bruckner's Symphony No. 7 \_\_\_ major
- 22 Throat ailment, briefly
- 23 Provide the juicy bits
- 24 Lit
- 25 Range of notice
- 26 Insecure person's query

- 27 Bad decision makers may have lost theirs
- 28 Consequence
- 29 Less bumpy
- 30 Part of the Dow
- 33 Big name in chain saws
- 34 Difficult struggle
- 35 Portuguese king
- 38 Provides enough for
- 39 Flower whose name means "rainbow"
- 44 Star-filled night
- 45 Porter supporters?
- 47 Summit on Crete where Zeus was born
- 48 Irk
- 49 Agcy. that funds major research
- 52 Whip
- 53 Ferber who wrote "Giant"
- 54 French/Belgian river
- 55 Bronx attraction
- 56 Common URL ending
- 57 Run smoothly
- 58 Operate
- 59 Job listing inits.

**SOLUTION FROM 10/20**

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**TCU TRIVIA ANSWER**

**FALSE!** They were completed in 2007.

## SPORTS

# Former Frog in World Series for Chicago Cubs

By **KACEY BOWEN**  
MANAGING EDITOR FOR TCU 360

TCU fans will see a familiar face when the Chicago Cubs take on the Cleveland Indians in the World Series.

Former TCU baseball pitcher Jake Arrieta is stepping onto the biggest stage in baseball.

TCU head baseball coach Jim Schlossnagle said he's proud of what Arrieta has accomplished.

"We're fired up for Jake," he said. "Always are."

Having Arrieta play on such a large stage is not just an incredible opportunity for him, but for TCU's baseball program, Schlossnagle said.

He said having a player

at that level gives the program more exposure.

"It proves that if you can get to TCU and follow the path," Schlossnagle said. "Being a successful major league player is in your reach."

While working with Arrieta through the years, Schlossnagle said he saw the potential he held and knew if he stayed healthy, he was going to have success.

"He was a joy to coach and I knew he had greatness in him," Schlossnagle said.

Not forgetting where his roots are, Arrieta comes back and spends time with pitchers, "talking pitching in casual conversation," Schlossnagle said.

"It's his favorite thing to do," he said.

Arrieta will be the third TCU player in 4 years to make the World Series. Matt Carpenter played for the St. Louis Cardinals in 2013, while Brandon Finnegan threw for the Kansas City Royals in 2014.

Schlossnagle said even though he has his own team to coach and the Texas Tech game is this weekend, he is going to try to make it out there to watch and cheer on his former player.

"I'm trying to get up there for Sunday if possible," he said. "I'll be flying that W every chance I get."

Cleveland won Game 1 of the World Series Tuesday night.



AP PHOTO BY GENE J. PUSKAR

Jake Arrieta pitching against the Pittsburgh Pirates earlier this season.

## Turpin expected to provide spark for Frogs against Texas Tech

By **GARRETT PODELL**  
STAFF WRITER

The TCU offense may get the "wow factor" back Saturday against Texas Tech.

Wide receiver/returner KaVontae Turpin, who was in uniform last week but didn't play, is expected to play.

Head coach Gary Patterson said Turpin didn't play against West Virginia because he was between 80 and 90 percent healthy and the coaches decided to wait one more week.

"I think you'll see Turpin back this week," Patterson said.

Turpin's return could jumpstart the offense.

Patterson said the biggest thing for the offense is working to get their swagger back.

"I think we lost a little bit of it [swagger] when Turpin left because he was kind of our wow factor," he said. "Now, he's going to come back,

so we'll see when that factor comes back."

Turpin hasn't played since injuring his knee Sept. 17 against Iowa State.

Turpin was TCU's leading receiver at the time of his injury with 16 catches and 196 yards receiving. He was averaging 19.5 yards per touch and was 13th in the nation in all-purpose yards at 169.3 yards per game. Through two games, he was leading the country at 236.0 yards per game.

Despite his history of big plays on special teams, Turpin won't be returning kicks and punts just yet.

"I don't know if we'll see him [Turpin] back there returning with those being some of the most violent plays of the game," Patterson said.

Before his injury, Turpin led the NCAA in punt returns (28.8 yards) and was one of just two players nationally

to rank in the top 10 in punt returns and kickoff returns. Turpin was eighth in kickoff returns (32.8 yards).

The Red Raiders offense, led by junior quarterback Patrick Mahomes II, represents a difficult challenge for the Horned Frog defense.

TCU senior defensive end James McFarland said that Texas Tech will be "a big offensive challenge."

Mahomes threw for an NCAA record 88 times in Saturday's 66-59 loss to Oklahoma, throwing for 734 yards and five touchdowns. Mahomes also ran for 85 yards on 12 carries for 810 yards of total offense, another NCAA record.

Patterson said when it comes down to defense, they have to find a way to tackle better.

"We're fourth in the Big 12 [in defense] and we don't think we're any good," he said.

After playing four of its first five games at home, TCU returns home for the first time in four weeks.

Texas Tech leads the all-time series over TCU 30-25-3, and the Horned Frogs are 3-3 against Texas Tech under Patterson. TCU has won the last two games, having defeated the Red Raiders 82-27 in Fort Worth and 55-52 in Lubbock.

Kickoff is set for 2:30 p.m. at Amon G. Stadium.

### NOTES

Patterson, speaking at his weekly press conference Tuesday, said backup quarterback Foster Sawyer should have played the last two possessions of last week's contest against West Virginia.

"There's a double edge, where you want Kenny [Hill] to get confidence, but the other part is, you needed Foster to get reps and get him in the middle of the scene and do things," Patterson said.



PHOTO BY SAM BRUTON / TCU STAFF PHOTOGRAPHER

KaVontae Turpin is expected to play against Texas Tech on Saturday.

Sawyer has only played against Iowa State and SMU this year at the end of those two games.

TCU running back Kyle Hicks was the lone bright spot, totaling 103 yards on 15 carries for 6.9 yards a touch, but that doesn't mean he's in line for more carries.

Hicks leads TCU in rushing yards with 582 and receptions with 30. He is one of only five players nationally over 500 yards rushing and 300 receiving. His 30 receptions are fourth among FBS running backs.