

# THE SKIFF



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BACK TO WIN BIG 12  
TOURNAMENT

A STUDENT MEDIA PUBLICATION OF TEXAS CHRISTIAN UNIVERSITY

FORT WORTH, TEXAS



PHOTO BY KYLA VOGEL

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## COMMUNITY

# Patterson left Fort Worth better than he found it

By **COLLIN POST**

SPORTS EDITOR, TCU 360



Gary Patterson

Even 181 wins, 18 bowl appearances, 11 bowl wins, 10 seasons of 10-plus wins, 22 coach of the year awards or even a 2011 Rose Bowl victory does not tell you everything you need to know about Gary Patterson's legacy in Fort Worth.

After 25 years of being part of the TCU football program as an assistant and head coach, Patterson's influence off the field has been arguably as big as his influence on the field.

Here's a look at some of the biggest ways the legendary head coach left his mark on Fort Worth during his time at TCU:

## The Gary Patterson Foundation

Soon after Patterson was named TCU's head football coach in December 2000, he started the Gary Patterson Foundation to help underprivileged children in the Fort Worth area through grants and scholarships.

While Patterson is the chairman of the Gary Patterson Foundation, his wife, Kelsey, keeps the foundation going as the secretary, treasurer and manager of daily operations.

Though the

foundation has helped countless schools in Fort Worth ISD since its founding, in 2011, the Gary Patterson Foundation partnered with George C. Clarke Elementary to test new educational programs.

The partnership occurred as part of SLANT45, a service-learning project started in 2009 that did significant work to help youth in the Dallas and Fort Worth areas when Super Bowl 45 was played at AT&T Stadium in Arlington.

In 2018, the Gary Patterson Foundation started the Launch Into Literacy campaign to help improve libraries within Fort Worth ISD, putting money towards book collections, technology, and reading programs.

The Gary Patterson Foundation has continued to support Clarke and FWISD.

Patterson, who officially became a recording artist over the pandemic, put on a concert at Billy Bob's in Fort Worth that raised \$15,000 for the Gary Patterson Foundation to improve Wi-Fi access for children in the Fort Worth area.

## The Big Good

As the COVID-19 pandemic began to rage in the spring of 2020, Patterson decided to join with soul singer Leon Bridges, a Fort Worth native, and former "Bachelor" host Chris Harrison to use their platforms to help others in need.

In May, the Gary

Patterson Foundation did a virtual fundraiser which raised over \$100,000 to benefit The Boys and Girls Club of Greater Tarrant County and the First Tee of Fort Worth. Bridges and Harrison had both played significant roles in organizing the event.

The trio then formed an organization called The Big Good with the goal of using their connections to raise money for nonprofits in the Dallas/Fort Worth area.

Even amidst his coaching duties during the 2020 season, Patterson made an appearance at one of the events last November to represent the Big Good in handing out meals to families.

Though the event took place during TCU's bye week, Patterson risking getting COVID-19 and missing the Frogs' next game demonstrated his desire to truly help the cause.

Similar to his performance at Billy Bob's, which was also in support of the Big Good, Patterson pairs his musical talents with Bridges' to host the Big Good Ranch Party in July to raise money for their organization.

## Frog Family Crisis Fund

Even before Patterson started "The Big Good," he and Kelsey led the charge in helping those in the Horned Frog community affected by COVID-19 by donating \$50,000 to the Frog Family Crisis Fund in

April 2020.

The fund was started in 2007 with the goal of helping TCU students and their families in times of need.

## Dog advocates

Anyone who follows either of the Pattersons on social media knows they love dogs, as they have been the owners of several rescue dogs.

Kelsey was an advocate for animal rescue well before she met Patterson, and she told TCU magazine in a 2008 interview she always knew any dog she got would be a rescue dog.

Helping others in this way is consistently something both Pattersons take time to do with their platforms.

## Humble hero

Though Patterson rarely brings up his work off the field, in 2018, the nation recognized the legendary head coach for his time spent helping others.

Following his 19th year as TCU's head coach, Patterson was named the winner of the Gene Stallings Award, which Dr. Pepper presents annually to a Division 1 coach "in recognition of humanitarian contributions in addition to achievements on the field."

While Patterson is no longer at the helm of TCU football, his track record of helping others with little desire for praise is a good sign that his off-the-field work will continue just the same.



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## SPORTS

# Champions again: No. 7 TCU comes back to win Big 12 tournament

By **ANDRE GIAMMATEI**

STAFF WRITER, TCU 360

After falling behind in the first half, No. 7 TCU turned the game around for a 2-1 victory against No. 24 Texas to earn their first ever Big 12 tournament title on Sunday afternoon.

Like they have been all year, senior striker Messiah Bright and first-year forward Camryn Lancaster were the goal scorers for the Horned Frogs.

"I think they followed the game plan a little bit better," said head coach Eric Bell. "I think [Texas] did a very good job of clogging up the middle and we wanted to go

around, and I think we did a really good job with that."

In the 60th minute, senior right-back Chaylyn Hubbard stole a ball at the halfway line. She went forward until she laid it off right for Bright who finished with a shot to the lower far post to tie the game.

This goal was the third of the tournament for Bright, as well as her 13th of the season.

When the game seemed headed to overtime, Bright found junior forward Grace Collins open on the right wing. Collins crossed the ball to Lancaster, who made a run to the near post.

After her initial shot was deflected by the defender, Lancaster tapped in the deflection to give TCU the lead with six minutes to play.

"It was an amazing feeling to be able to score," Lancaster said about scoring her third, and most important game-winning goal this season.

The comeback did not come easy for the Horned Frogs, after a very disputed matchup for most of the first half.

With a lot of traffic in the midfield and little action in either of the two areas, Texas was consistently in good position. First-year midfielder Ashlyn Miller scored

her first career goal with a strike from outside the box that flew past sophomore goalkeeper Lauren Kellett and snuck in the top right corner.

After opening up the scoreline, Texas gained some momentum and with some distant shots forced Kellett to make some difficult saves.

Nevertheless, the Horned Frogs bounced back and emerged victorious for the first time after losing in the final twice before in the past five years.

The victory made TCU the first program in the Big 12 to win both the regular season and conference championship in the same season since



PHOTO COURTESY OF GOFROGS.COM

TCU crowned Big 12 Champions after defeating Texas 2-1 in Round Rock, Texas on Sunday, Nov. 7, 2021.

West Virginia last did it in 2016.

"It's just a beautiful feeling to finally win a Big 12 Championship, and doing it playing along with my best friends,"

said Bright. Both teams are likely headed to the NCAA tournament set to start next weekend, with TCU expected to host their first round matchup.

## TRAILBLAZING TIMES

How Horned Frogs can shape the global workforce of the future

The Board of Visitors for the Bob Schieffer College of Communication is pleased to present this panel and Q&A event for students.

Hear from these Schieffer alumni who can answer **YOUR** questions about the future of the workplace.



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## CAMPUS NEWS

# University settles with alumni, former students in lawsuit

By **JD PELLIS**

EXECUTIVE EDITOR, TCU 360

TCU and a group of alumni and former graduate students have settled a lawsuit that accused the university of discriminating against them because they were Black women.

The terms of the settlement were not disclosed. According to court documents, the settlement was reached during mediation on Oct. 29, and signed by the mediator on Nov. 3.

The case began when a lawsuit was filed in January 2020, accusing

the former Dean of the John V. Roach Honors College Diane Snow of physically and verbally abusing Destinee Wilson (formerly Jane Doe No. 1) during a month-long course in Washington, D.C.

Two plaintiffs joined the suit in April of 2020

and two more in June of 2020. All of the women claimed they experienced patterns of discrimination and hostility by faculty while attending TCU as students that curtailed their education, according to the suit.

The plaintiffs were anonymous until Chief

District Judge Barbara Lynn ordered in September that for the suit to continue, they had to reveal their identities. The claims from Ashley Sylvester (formerly Jane Doe No. 4) were also dismissed by the Court based on a statute of limitations in September

2021.

“We are in the process of concluding the lawsuit in a manner acceptable to all parties. We are thankful for this result, as all parties are members of the TCU community,” a spokesperson for TCU said Thursday evening.

# Support, advice can help students cope with seasonal depression

By **KATHARINE VAUGHN**

STAFF WRITER, TCU 360

Life as a college student can be challenging. With only a few weeks left, students must continue to navigate the rigorous courses and heavy workloads that accompany a closing first semester.

In addition, students also have to adjust to the changing seasons and dropping temperatures. It’s no surprise that students tend to experience more difficulty with classes and schoolwork in the fall and winter seasons. The transition into shorter days with less sunlight causes changes in their routines that can sometimes be challenging to readjust to.

Students may experience higher levels of stress, anxiety and depression during this time. A form of depression directly influenced by the changing seasons is seasonal affective disorder (SAD), also known as seasonal depression.

Livvy Milner, a sophomore business

major, found that the seasonal changes have a negative impact on her mental health. Milner has experienced seasonal depression before, and it continues to affect her. She said that the sudden time change and early sunset interrupt her routine.

“It just makes me want to stay indoors all the time. It’s almost like I just want to hibernate in the winter,” Milner said. “I’ve noticed that as the days started to get shorter, my sleeping schedule started getting worse and worse.”

According to Leah Carnahan, Assistant Director of the TCU Counseling and Mental Health Center, the center reported the most common cases of mental health issues in anxiety and depression year-round. During the fall and winter seasons, Carnahan had seen an increase in the number of students seeking help.

“No matter when it is, we just encourage students to seek support,” Carnahan said. “If it’s something to where their mental health is at the point to where it’s impacting

their functioning, and they know they’re not performing as well or know that they aren’t as healthy [...] no matter when that is, seek out support.”

Carnahan urged students to take



PHOTO BY ESAU RODRIGUEZ OLVERA

A rainy day on TCU’s campus, students walking near the Harrison building on November 3, 2021.

advantage of peer support groups and one-on-one sessions with specialized counselors.

If students are unable to schedule a one-on-one session with a counselor, Carnahan said that peer support groups are a great resource if appointments are difficult to schedule.

“You have some support from other folks,

whether it’s your peers that have had these similar experiences that are struggling right alongside you or that positive, supportive environment that can maybe give you a little bit of a boost before you can

needed. She said that encouragement from other students makes seeking help easier and normalizes the stigma around it.

“Don’t wait to seek help. If you’re struggling now, ask now,” Carnahan said. “I think it’s crucial that we understand that we all can have challenges and be supportive of one another.”

For those students experiencing high levels of stress, anxiety or depression, Carnahan advised them to put more effort and energy into doing the things that give them joy. If students are unable to do that, she suggests finding alternative ways to fulfill those areas.

“Little things, like getting up early, making my bed and showering every morning are good ways to start my day. I also like to try and find fun activities to do outside, especially when it’s colder,” Milner said. “Another thing that really helps is making plans with friends ahead of time and holding myself accountable to getting out of my room more.”

Getting enough

sleep, making sure to eat throughout the day between classes and staying hydrated are key factors that benefit students throughout the semester. As soon as students get into these good routines and practices, the more that they will benefit from them.

“Our mental health is that foundation, and if that’s not in a good place, we know that oftentimes our physical health, academic performance and relationships may suffer,” Carnahan said. “Having that in a good and healthy place is personally the foundation.”

The TCU Counseling and Mental Health Center is open Monday through Wednesday from 8 a.m. to 8 p.m., and Thursday through Friday, from 8 a.m. to 5 p.m. If students wish to schedule an appointment, they can call the main office at 817-257-7863. Students may also email the front office at [d.norton@tcu.edu](mailto:d.norton@tcu.edu) or visit the center in Jarvis Hall to schedule an appointment.

CAMPUS NEWS

# Board of Trustees approved housing on east campus

By **KYLA VOGEL**  
STAFF WRITER, TCU 360

The Neeley School of Business is due for a new neighbor in just a few years.

The parking lot, bordered by Merida and Lubbock Avenues and West Lowden Street, will be the site of TCU’s first residence halls on east campus. The Board of Trustees approved preliminary construction plans at their board meeting Friday, and Chancellor Victor Boschini made it official with an announcement Tuesday.

The architectural plans have not been

finalized, but early expectations are for two residence halls that will house up to 500 first-year students in close proximity to a dining hall that will seat up to 700.

The housing crunch became acute this year. After TCU accepted its largest first-year class ever and made room for sophomores, there were about 560 beds left for juniors, seniors and transfers. All told, less than half of all undergraduates live on campus.

TCU’s last growth spurt included the Richards & Arnold Halls and added 300

additional beds to the campus. Those halls opened in 2019 as the last phase of the Worth Hills renovation.

“In my mind, it will look similar to Marion and Clark,” Boschini said. Pamela and Edward Clark Hall and Marion Hall opened in 2013 as part of the first phase of Worth Hills construction.

The dining is expected to provide an area for social and study groups on east campus..

In the meantime, Vice Chancellor for Student Affairs Kathy Cavins-Tull and the SGA Dining Committee are working to alleviate crowding in dining halls.



PHOTO BY KYLA VOGEL

The parking lot on the east side of The Neeley School Business will be a residence hall.

CAMPUS NEWS

# Tuition approved to go up 4.5 percent next year

By **JD PELLIS**  
EXECUTIVE EDITOR, TCU 360

The Board of Trustees approved a 4.5% increase in tuition rate and a corresponding 4.5% increase in need-based aid for next fall.

Tuition will increase by \$2,320 to \$53,890 for full-time undergraduates in the 2022-23 academic year. Hourly rates for undergraduates and graduate students will also increase by the same percentage.

The raise is a response to “escalating operational costs and rising rates of inflation,” Chancellor Victor Boschini wrote Tuesday in a campus-wide email.

Last year, TCU decided to freeze tuition — the first time in 20 years — for the 2021-22 academic year.

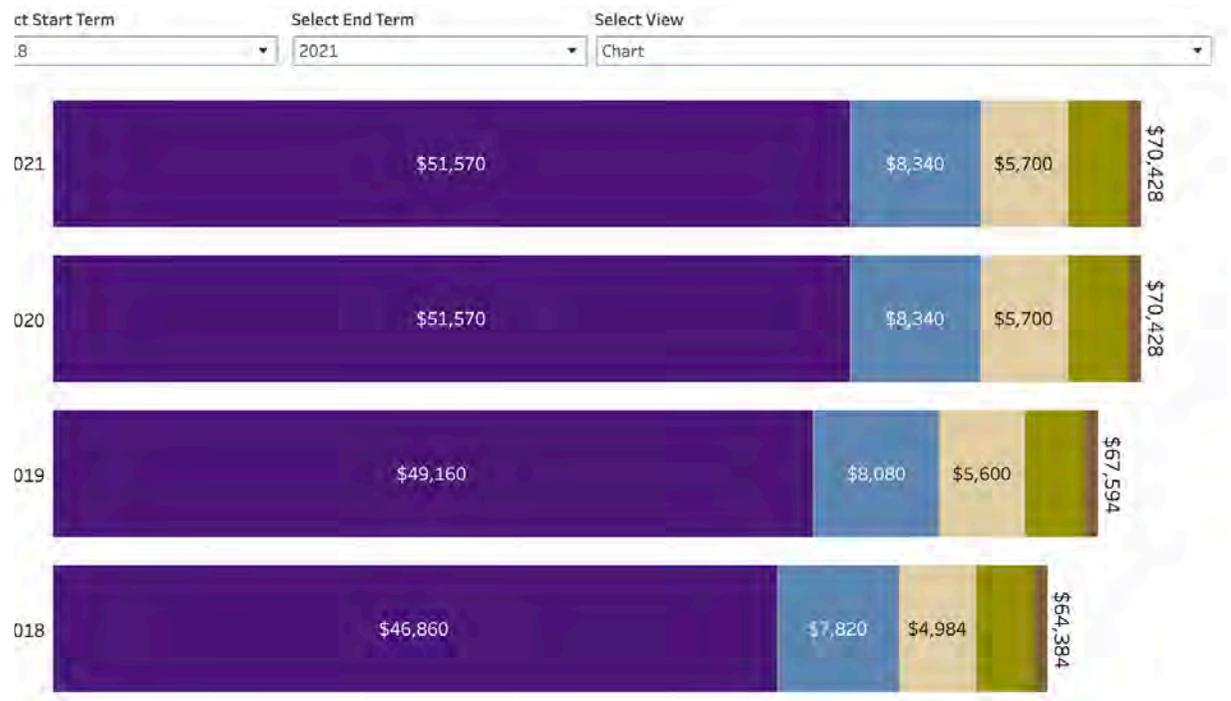
Undergraduate tuition has increased by more than \$23,000 since 2010.

Boschini said he expects the percentage change of need-based aid to rise above tuition.

“The theory on that is anyone who can afford to go to TCU should be able to go to TCU next year because financial aid is going up higher than tuition,” he said.

Increases in merit-based aid were not discussed in the budget.

“Our board has made the decision to fall on the side of need-based,” Boschini said.



A chart of the undergraduate cost of attendance.

PHOTO COURTESY OF TCU FACT BOOK

# We're Hiring!

Applications are being accepted through Nov. 14 to work for Student Media. All Frogs are welcome!

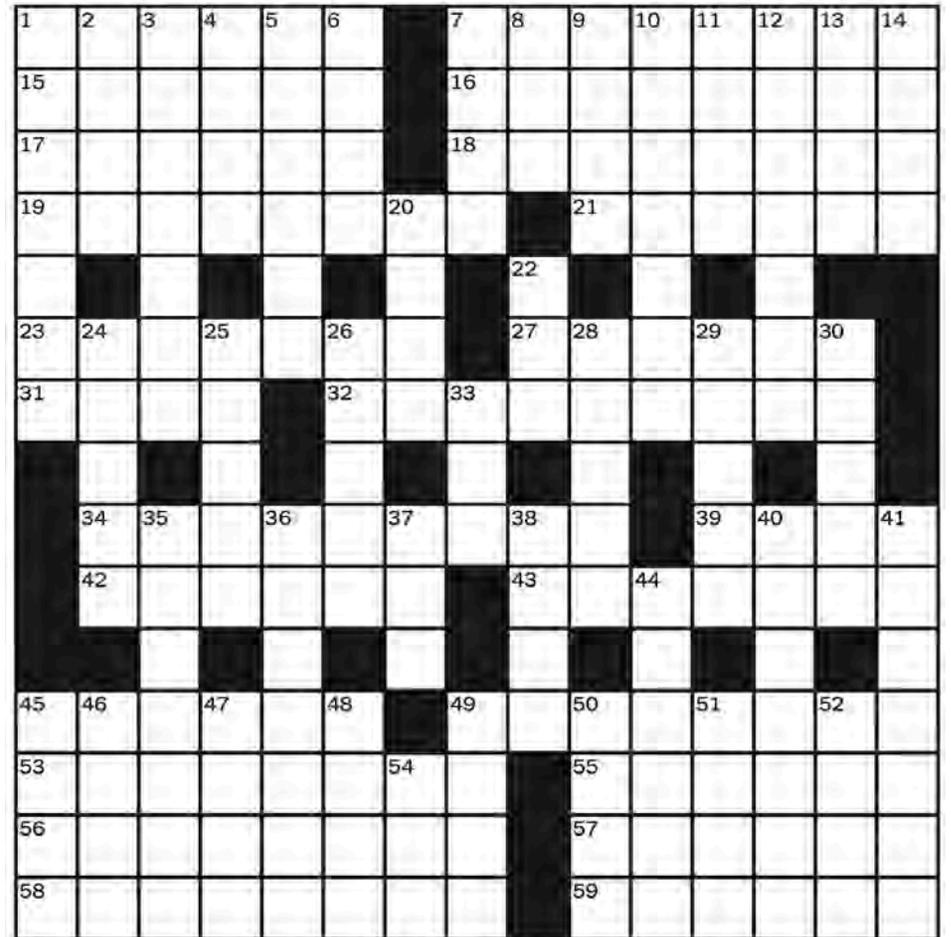
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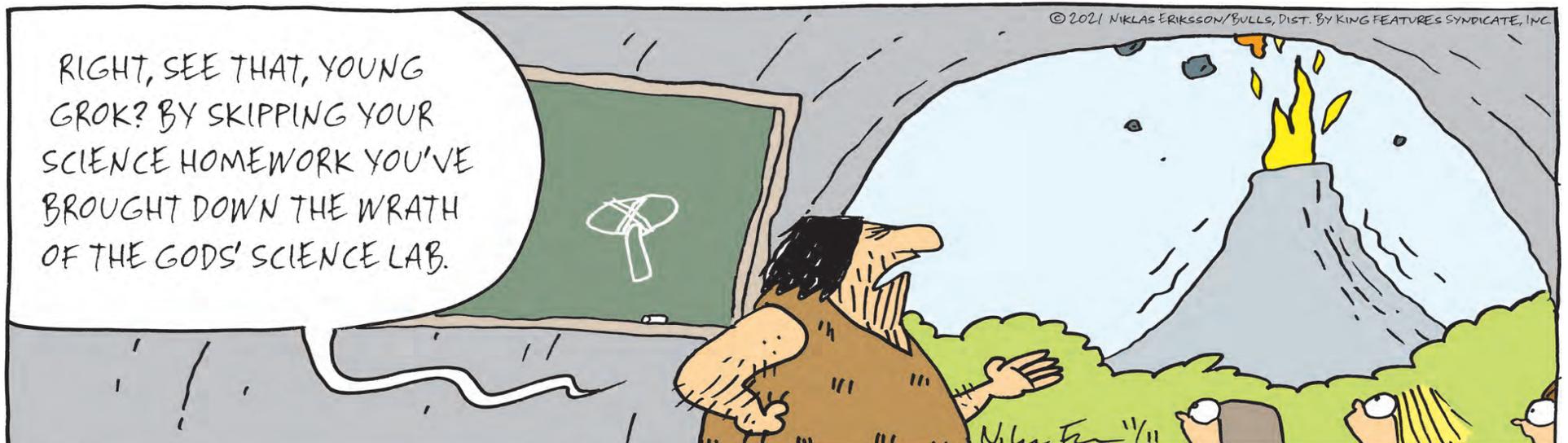
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## The New York Times Edited by Will Shortz

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## Carpe Diem by Niklas Eriksson





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Dustin by Steve Kelley and Jeff Parker



Horoscope

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

**ARIES** (March 21-April 19) ★★★★★ It's a feel-good day! You will enjoy talking to friends, plus members of groups, classes and organizations, because you feel the need to reach out to many people today. In turn, they will help you. Tonight: Be friendly!

**TAURUS** (April 20-May 20) ★★★★★ Your ability to impress bosses, parents, teachers and VIPs is excellent today. People are happy to see you and hear what you have to say. Tonight: Make a good impression.

**GEMINI** (May 21-June 20) ★★★★★ You will love to learn new things and meet new faces today because

you feel generous and warmhearted to everyone. Feelings of self-confidence will help you rise above heavy irritations. Relationships with females will be particularly rewarding today. Tonight: Do something different!

**CANCER** (June 21-July 22) ★★★★★ Today everyone feels generous (including you). This is a good thing, because today, whatever you give is what you will get back in return. Your kindness and generosity will be repaid to you. Meanwhile, focus on financial matters, especially shared property. Tonight: Expect a gift.

**LEO** (July 23-Aug. 22) ★★★★★ Your interactions with others are warm and friendly today because the Moon is opposite your sign lined up with Jupiter. (This promotes happy relations with females.) It's also a good day to deal

with groups and members of the public. Tonight: Cooperate.

**VIRGO** (Aug. 23-Sept. 22) ★★★★★ This is a strong, positive day! This morning, before the Moon Alert begins, is an excellent time to begin something new. It's also a creative, dynamic time when you will enjoy warm relations with everyone. Today you get what you give. Tonight: Boost your health.

**LIBRA** (Sept. 23-Oct. 22) ★★★★★ This is a wonderful day for your sign, because this morning is a great time to initiate things. Then, after the Moon Alert begins, it is still a marvelous time for you to explore original ideas and creative, artistic projects. You will enjoy fun activities with kids. Tonight: Socialize!

**SCORPIO** (Oct. 23-Nov. 21) ★★★★★ Family discussions,

especially about home expansions, travel or real estate speculation, will go well this morning. Once the Moon Alert begins, continue to do research but agree to nothing important. Tonight: Explore ideas.

**SAGITTARIUS** (Nov. 22-Dec. 21) ★★★★★ You need to have a positive frame of mind. Fortunately, today this is what you have! In conversations with others, you will entertain big ideas, travel plans or plans for further education. However, once the Moon Alert begins, agree to nothing important. Tonight: Think big!

**CAPRICORN** (Dec. 22-Jan. 19) ★★★★★ This is an excellent money day! Value your moneymaking ideas, especially this morning. In fact, this morning is an excellent time to initiate new financial arrangements or major purchases. Tonight: Do

research. **AQUARIUS** (Jan. 20-Feb. 18) ★★★★★ Today the Moon is in your sign lined up with Jupiter, which means whatever you give to others in terms of generosity and kindness will be exactly what comes back to you. In other words, what goes around comes around. Tonight: Be

generous. **PISCES** (Feb. 19-March 20) ★★★★★ Today it's easy for you to have a warm feeling in your tummy because you're happy about something. Very likely, what pleases you is something secretive or private, or perhaps something going on behind the scenes. Tonight: Explore spiritual ideas.



## SPORTS

# NCAA undergoing a 'redefining moment,' discusses major changes to autonomy

By **JD PELLIS**

EXECUTIVE EDITOR, TCU 360

The role of the NCAA is changing.

Proposed changes from the NCAA regarding the autonomy of athletic programs are now in writing, according to a draft constitution released Nov. 8.

"Each division is authorized to structure itself as it deems necessary, including the creation of sub-divisions or creation of a new division and determination of membership eligibility for these new organizations, including the role of conferences," the NCAA said.

With the provisions, college athletic divisions would have the power to divide themselves like never before. The FBS, for instance, could divide itself again on conference lines.

The Constitution Committee will meet to discuss the proposed changes to the constitution in a special

convention next week, and a constitution will have to be approved in January 2022.

"We're in a defining moment in the NCAA and college athletics, a re-defining moment," TCU Men's Basketball Coach Jamie Dixon said on Thursday before the NCAA released its draft.

College athletics has always been a unique industry, with many different sports and then football as its one possible net earner.

A new 'super conference' and-or 'super tournament' for college basketball would likely benefit large athletic programs from a financial perspective, which is about what West Virginia Men's Basketball Coach Bob Huggins meant in saying "those Cinderella schools are putting 200 people, at best, in their gym [...] We're putting 14,000."

"Football is more divided up," Dixon said. "Basketball, some would say, needs to do a little

bit of that: more of a separating, recoupling of divisions."

Since the Power Five distinction was created, college football has searched for ways to maximize profits byways of the Bowl Championship Series (BCS) and the College Football Playoff (CFP) to sign important TV deals and create their own 'tournaments' to maximize TV ratings.

It's the main reason Texas and Oklahoma are planning to leave the Big 12 in 2025, TCU left the Mountain West, the Conference USA, and so on: TV deals are the moneymakers. It's also probably the same reason that the NCAA is getting a makeover.

Most athletic departments aren't thriving and need every dime they get from the NCAA to stay afloat, so it could be about time for a shift in power.

Autonomy has the potential to help big programs pool their



PHOTO COURTESY OF AP

In this 2015 file photo, the NCAA logo is displayed at center court at The Consol Energy Center in Pittsburgh.

numbers as it does in football. Depending on how it's implemented and who divides it, autonomy has the potential to hurt smaller schools, who make sports and events like the NCAA Tournament fun to watch but less profitable in the long term.

TCU's TV value, for instance, could not compete with an industry like Texas, which has more than 480,000 alumni compared to TCU's 90,000.

The freedom to organize something

like a tournament in autonomy, like football does with bowl games, could contribute extra sources of revenue for any program.

Some argue that the autonomy of college football isn't a good role model for the NCAA.

"We don't have, I want to say, a tradition of empowering the NCAA," said Kevin Smith, a TCU sports business professor at TCU. "What I mean by that is, in the NBA you've got a commissioner in Adam Silver who says, 'LeBron, you're going to

make your money. My job is to build the NBA, the plan, we're going to grow from \$7 billion to \$11 billion.' In our college athletics, we haven't empowered the NCAA to have that authority. So that's why you have schools and leagues, and everyone grabs land."

No one is able to predict what will come next for college sports but appreciating college athletics for the spectacle it is, the ways it defies our expectations is what makes the industry unique.

## CAMPUS NEWS

## TCU advertises incentives to encourage students to get the COVID-19 vaccine

By **CHAELE DeJOHN**

STAFF WRITER, TCU 360

TCU has joined the list of organizations using incentives to try to get people who haven't been vaccinated against COVID-19 to get a jab.

Drawings for "purple prizes" such as Chick-fil-A gift cards and reserved parking are among the rewards students who get and

report their vaccine are eligible to win.

Chancellor Victor Boschini said he hopes the prizes will help boost vaccination rates. About 51% of campus is vaccinated, which includes students and faculty and staff. By promoting a variety of prizes, Chancellor Boschini said if the overall percentage reaches 69% the campus

can go mask free.

"Our health provider thinks that around 69 percent gives you herd immunity, and once you have that herd immunity, it would be logical to me that we wouldn't have to wear masks," he said.

According to TCU Student Affairs, the incentives are a way to say, 'thank you' to those who have chosen to 'protect the purple.' To be

entered to win one of the weekly or monthly prizes, you can report your vaccine under the TCU Student Affairs webpage. Five winners will be chosen for the weekly prizes and one winner will be chosen for the mega monthly prizes.

Students are split on the idea of receiving prizes for getting and submitting the COVID-19 vaccine.

Sophomore business major Chris Vasti, said incentives are not a good idea.

"I think vaccines should not be mandated in the first place," said Vasti. "Even if I wasn't vaccinated, I wouldn't get vaccinated if it was against my morals and then change my mind if someone was offering me a prize like a free car."

Sophomore biology

major Sara Palavan said the prizes are a positive way to motivate students to get the vaccine.

"I think it's a smart idea," Palavan said. "If TCU wants more students to get vaccinated, they should provide incentives."

TCU Student Affairs continues to send out emails frequently to all students promoting the incentives.